



## Memorial City is ALL Heart!

With National Heart Health Month fully underway, President's Day on Monday, and the Rodeo around the corner, we are staying active, taking stock of our health and prepping for fun in denim and boots! For heart-healthy tips, unique shopping opportunities including our Rodeo Roundup Market, plus our Rodeo Happy Hour on The Lawn and plenty of style inspiration, keep scrolling!

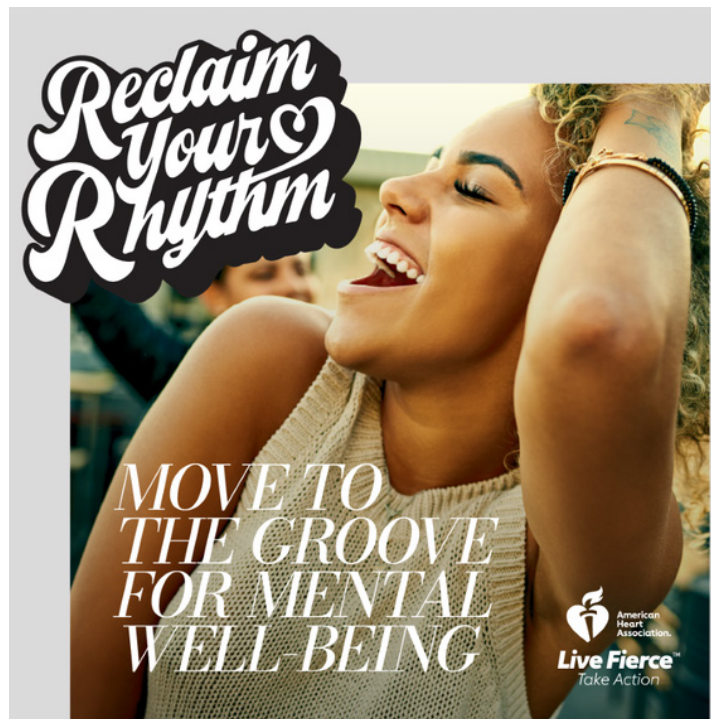


### Heart Health Month at Memorial City Mall

Memorial City Mall is Sharing the Love for Heart Health Month this February so we're setting you up with the chance to win a self-care package including a \$100 gift card to Athleta and a spa treatment from Hotel ZaZa!

All you need to do to enter to win is:

1. Like Memorial City on Facebook at [www.facebook.com/MemorialCityMall](http://www.facebook.com/MemorialCityMall)
2. Like or Love the pinned post at the Top of the Feed
3. Tag a friend in the comments, multiple entries welcome



### Heart Health Tip

One of the keys to better health and mental well-being is getting back into the rhythm of an active lifestyle. The American Heart Association recommends striving for 10,000 steps daily, and finding ways to make movement fun like having a dance night at home and staying active outdoors.



## Rodeo Roundup Market

What better way to get ready for the Rodeo this year than with our Rodeo Roundup Market, curated by The Feel Good Group? Join us February 20 from 10:00am — 2:00pm at 1035 Gessner Road in the parking lot next to Torchy's Tacos & Mia's Table for a fun day of shopping from local vendors, along with family-fun activities like face painting, a petting zoo and more! You'll also have a chance to win a \$300 gift card that will help you fully prep to rodeo in Houston this year!



## Get Ready to Rodeo on The Lawn Happy Hour

Join us Tuesday, February 22, from 4:00 — 7:00 pm for our Get Ready to Rodeo Happy Hour on The Lawn at Memorial City. We're jumping into the Rodeo spirit with an evening full of live country music, mechanical bull, shopping under The Arbor from FindItGirl, BBQ from Coffee Q Food Truck, and drinks for purchase from Ciro's Italian Grill!



## American Eagle

Cool denim, springy plaids and effortlessly beautiful yet comfortable dresses: American Eagle has the apparel, shoes and accessories for your optimal Rodeo Houston experience!



## Johnston & Murphy

Whether your kicks are sneakers or boots, your feet will need to be stylish and comfy at the Rodeo! Johnston & Murphy provides the ultimate posh comfort for exploring Houston Rodeo festivities—from the petting zoo to the long-awaited concert. Available in men's, women's, and boy's styles!



## Buckle

For classic cowboy and cowgirl boots and booties, plus a wellspring of denim and pearl snap plaids, mosey on over to Buckle!



## James Avery

For the utmost Texan charm, up your rodeo jewelry game by visiting James Avery! From the classic shape of Texas to horseshoes, cacti, Whataburger themes and more!



## Guadalajara Hacienda

National Margarita Day is on Tuesday, February 22—swing by Guadalajara Hacienda to celebrate with classic margaritas—frozen or on the rocks—and since it's Tuesday, pair those ritas with mouthwatering tacos!



## Memorial City Means Business

Lining the length of Katy Freeway for over 3.2 million square feet is Memorial City's award-winning and LEED certified Class A office properties. Paying attention to thoughtful design and location, these stunning office spaces provide businesses a place to flourish. For more information call: Brad MacDougall at 713.586.6252 or Warren Alexander at 713.586.6273.