



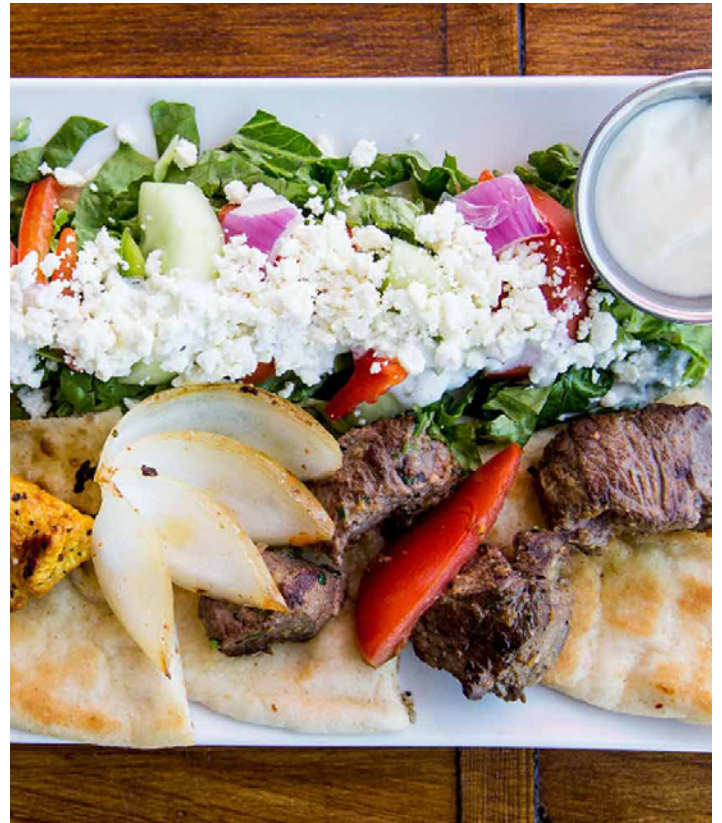
## Memorial Cityzen: A New Year to try New Things

2022 is here, and we are ready for something new! From delicious meals that are healthy or even adventurous, to fresh looks and fitness goals we've always meant to tackle, Memorial City is the hub for discovering the new you in the new year. Keep scrolling to see what's on tap!



### Boot Camp presented by Athleta

Start the new year off strong by joining us Saturday, January 8 from 10am-12pm for a fun Boot Camp workout presented by Athleta! The event will kick off with an exclusive shopping experience at Athleta, located near Starbucks, with great promotions, giveaways, and more. Then at 11am join us near the Fireplace for a fun and free workout.



### Island Grill

Experience the fresh and clean Mediterranean American flavors of Island Grill, featuring delightful kabob plates, breakfast pitas, fresh squeezed and pressed juices, and more!





## Dominic's Ultimate Pilates

Build strength, increase flexibility and tone at Dominic's Ultimate Pilates Studio! Their expert fitness trainers are dedicated to guiding your journey toward optimal health and well-being.



## Athleta

Kick into gear and explore the great outdoors suited up in the comfy, fashionable activewear of Athleta, designed for women and girls.



## Liberty Kitchen at The Treehouse

Liberty Kitchen at The Treehouse will leave you feeling light on your feet with their flavorful salads, fresh seafood platters, signature poke bowls and more.





## Bath & Body Works

Set the mood for the New Year with wonderful fragrances from Bath & Body Works' Semi-Annual Sale. Save up to 50-75% off select items like candles, body sprays, hand soaps and more—every part of your day could be a mini-spa moment.



## Mia's Table

From fresh salmon atop salads, to grilled chicken sandwiches, shakes and more, Mia's Table has a full slate of healthy dishes that are also delicious!



## American Girl

From taking on the ski slopes of Aspen, to ice skating with her little sister, to embracing family change and more, Corrine is showing that we can all achieve anything! Memorial City is Houston's exclusive home for American Girl.





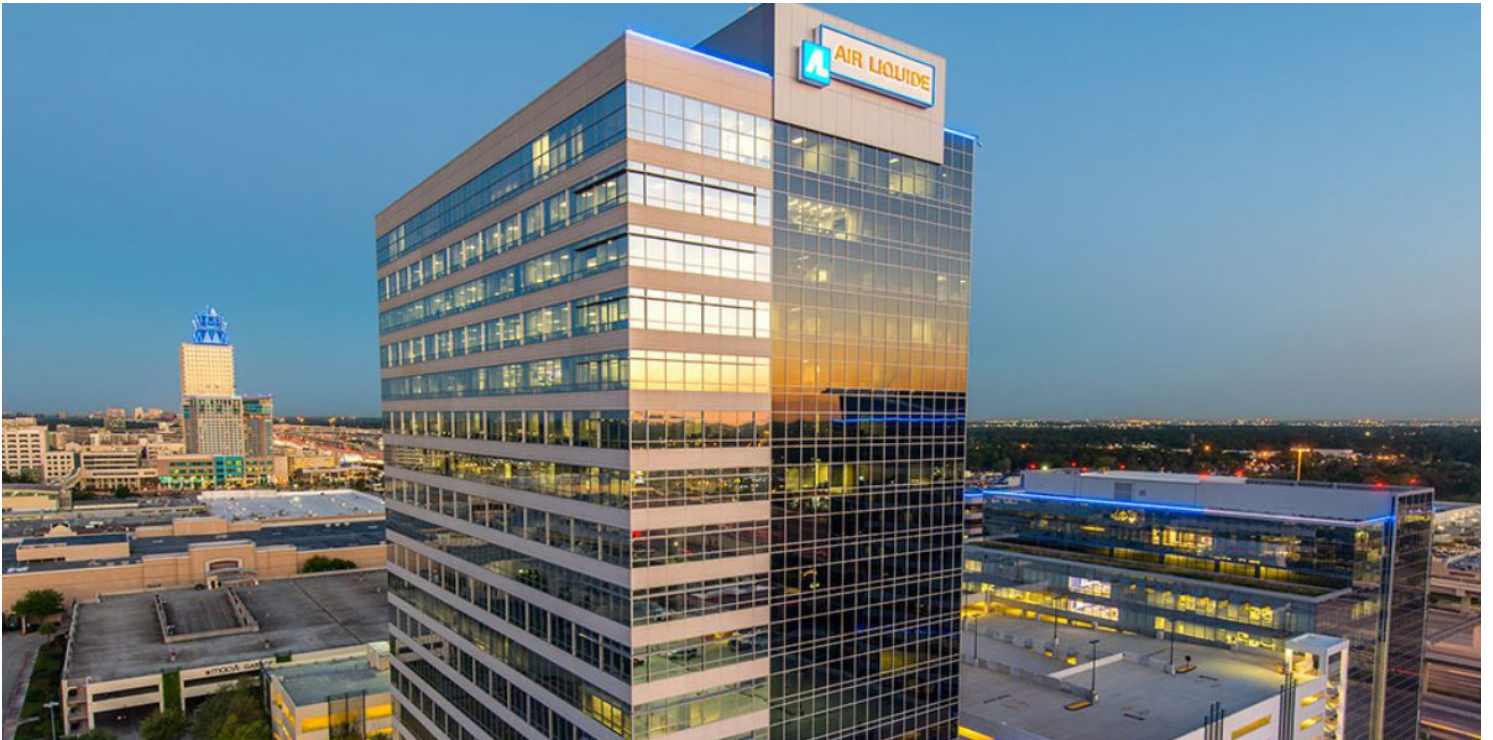
## Reach Stretch

Get personalized, assisted stretch therapy at Reach Stretch! With a combination of pilates, yoga, spin and training, Reach Stretch aids in relaxation, pain relief, achieving full athletic potential and more.



## The McKinley

Live in luxury at Memorial City's newest residential high-rise, The McKinley. Choose from one- to three-bedroom apartments boasting top-of-the-line features such as quartz counter tops, gas ranges and stainless-steel appliances, as well as access to a slew of first-class amenities including a state-of-the-art fitness center, dog park, resort-style pool and more. The McKinley is located at 9757 Katy Freeway. 832.734.5667.



## Memorial City Means Business

Achieve the most with your business by posting up at Memorial City's award-winning and LEED certified Class A office properties, spanning over 3.2 million square feet! For more information call Brad MacDougall at 713.586.6252, or Warren Alexander at 713.586.6273.