

# **FIGHTING**

MEMORIAL CITY IS HELPING RAISE BREAST CANCER AWARENESS **October is Breast Cancer Awareness** Month and we are doing our part to support the effort. On October 1st and 15th we'll be turning our 2.6 miles of LED lights bright pink. We will also be adorning trees and light poles along Gessner Rd with pink ribbons.



Memorial City has **LIVE MUSIC** teamed up with Camp Gladiator for a healthy, fun-filled event to raise money and awareness for the fight against breast cancer. Challenge yourself with a multilevel obstacle course, then hang out with your friends for a postworkout party.

**RAFFLE PRIZES** 

**COMPLIMENTARY BREAKFAST BITES** FROM TORCHY'S TACOS

SATURDAY, OCTOBER 16 7:30 A M

10100 KATY FWY PARKING GARAGE ON THE NORTHWEST CORNER OF GESSNER AND I-10

\$10 TICKETS WITH PROCEEDS GOING TO **MEMORIAL HERMANN FOUNDATION** 

VISIT MEMORIALCITY.COM/GLADIATORDASH TO REGISTER

### PRESENTED BY VISIBLE CHANGES

Benefiting THAIR For You which provides free wigs to patients experiencing hair loss due to cancer-related treatments.

THAIR FOR YOU VISIBLE CHANGES®

THIS FUNDRAISER WILL **INCLUDE A FASHION** SHOW, DJ, SILENT AUCTION, AND SMALL **BITES & DRINKS** 

SUNDAY, OCTOBER 17 7:00PM

**DILLARD'S COURT** NEXT TO VISIBLE CHANGES MEMORIAL CITY

FOR MORE INFORMATION OR TO PURCHASE TICKETS VISIT THAIRFORYOU.ORG



### **LEADING THE FIGHT AGAINST BREAST CANCER**

The Bobetta Lindig Breast Care Center at Memorial Hermann Memorial City is a comprehensive, 7,500 square-foot, state-of-the-art facility offering breast screening and diagnostic services in a spa-like environment close to home.

"Memorial Hermann has been serving our community, providing the highest quality of care for our patients during Breast Cancer Awareness Month and throughout the year. Early detection and education is key to fighting breast cancer so please remember to schedule your annual mammogram at the Bobetta C. Lindig Breast Care Center at Memorial Hermann Memorial City Medical Center or at a Memorial Hermann Breast Care Center near you."

### Anne E. Neeson

EVP & Chief Executive Officer Memorial Hermann Foundation **DID YOU KNOW THAT 1 IN 8 WOMEN WILL DEVELOP BREAST CANCER DURING** THEIR LIFETIME?

### **Breast Cancer Prevention Tips**

- $\hat{\mathbf{x}}$  Get regular check-ups and talk to your doctor about screenings
- Make Healthy Food Choices
- **Limit Alcohol Consumption**
- Engage in regular physical activity
- Don't smoke

**FOR MORE INFORMATION VISIT** MEMORIALCITY.COM/BREASTCANCER



## Fall Fashion at Memorial City



### **VANS**

Banana Republic has your newest workleisure essentials that will make you look good during your 9 to 5 and beyond!

Located near Starbucks and Macy's

**BANANA REPUBLIC** 

### **ATHLETA**

Athleta knows the secret to comfort is layers, and that means the Whisper Featherless Jacket is perfect for the fall season ahead.

Located in the Dillard's wing

The best thing about the Sk8-Hi from Vans is you have more room to show off your style. Find the ones that reflect your true self.

BANANA REPUBLIC

Located in the Target wing

### COACH

A new season means a new chance for you to set a new style. The Rogue from Coach allows you to pick your own fabric, lining, patches, handles... there are a million ways to customize.

Located near Starbucks and Macy's

FOR MORE VISIT MEMORIALCITY.COM/SHOP



### **MIA'S TABLE MEMORIAL CITY**

Comfort food in a casual environment? Yes, please! The Chicken Fried Chicken at Mia's Table is topped with jalapeño gravy, and comes with your choice of sides. It's the very definition of comfort food.

1035 Gessner Rd MiasTable.com

### **GOODE COMPANY SEAFOOD**

When the temperatures start to drop (and they will!) we like to drop into Goode Company Seafood for their Shrimp Etouffee and a side of seafood rice

10201 Katy Fwy GoodeCompanySeafood.com

### **LIBERTY KITCHEN** AT THE TREEHOUSE

The only thing better than one lobster tail is two! We are loving the Broiled Twin Lobster Tails served with melted butter and broccolini from Liberty Kitchen.

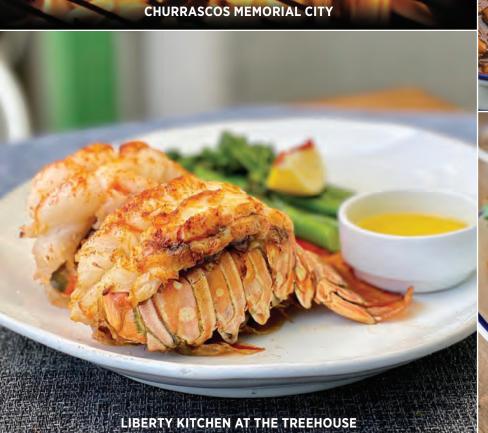
963 Bunker Hill LibertyKitchenEats.com

### **CHURRASCOS MEMORIAL CITY**

Churrascos has daily Happy Hour specials, Sunday Brunch, and every Wednesday is Steak Night, when you can get their signature petite filet and select cocktails and wine for a special price.

947 Gessner Rd Churrascos.com







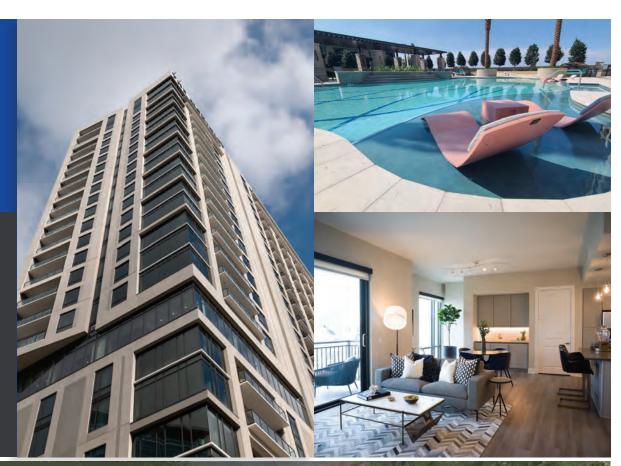
**GOODE COMPANY SEAFOOD** 

### THE MCKINLEY

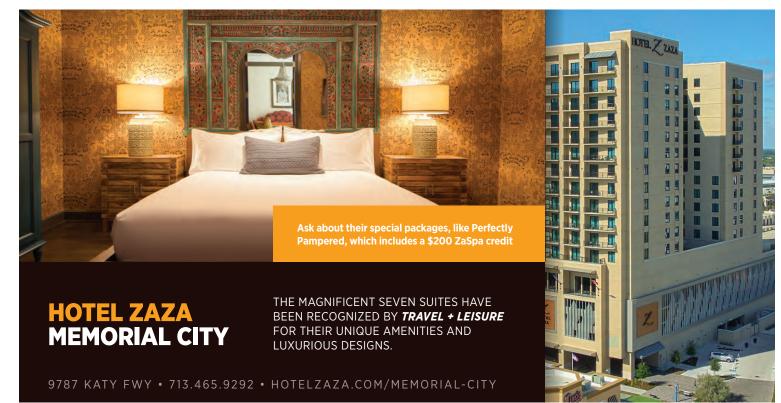
Memorial City's newest luxury high-rise, The McKinley, is visually stunning inside and out. The expansive amenities deck will make every day feel like a vacation. Schedule your tour today and ask about their move-in specials.

9757 Katy Fwy 713.913.7414

The McKinley at Memorial City. com











All of Memorial City's office buildings have been awarded the WELL Health-Safety Rating by the International WELL Building Institute. We are serious about the health and safety of our tenants, employees, and guests. If you are a business owner, we have the perfect space waiting for you.

For more information, please contact

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METRONATIONAL.COM/LEASING/OFFICE





