



MEMORIAL
CITYZEN

JANUARY 2017



New Year.
New You.

Now that the holiday season has come to an end, take a moment to catch your breath, relax, and reflect on your goals for the coming year. To make this process even easier, Memorial City has compiled a guide to help you make the most of your 2017.

PRINT EDITION



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Exercise Your Rights

It's not just about looking good – it's also about feeling fit and staying active. Here are a few options in Memorial City for a healthier you.



Dominic's Ultimate Pilate's Studio The Shops at Memorial City – 12351 Kingsride Ln

Work out every muscle for a longer, leaner and more fit you! Dominic's Ultimate Pilate's Studio utilizes the revolutionary Reformer machine that engages your entire body for a complete work out.



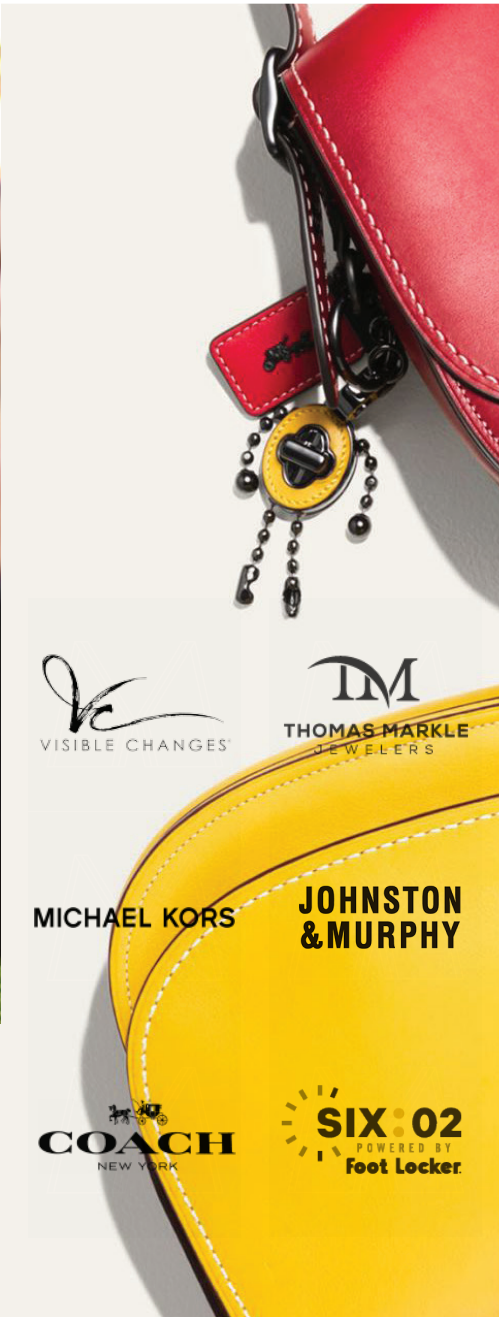
Square Fit: Boot Camp The Square at Memorial City – 303 Memorial City

Break a sweat without breaking the bank! Join us every Tuesday at 6 p.m. with Square Fit: Boot Camp in partnership with Fit Factor. Tone your muscles and build strength with our free high intensity class.



Revolution Studio The Shops at Memorial City – 821 Frostwood Dr

Revolution Studio offers yoga and cycling so you can find your zen and ride your way to a healthy body and mind. For a limited time, new clients can buy a 2-week unlimited pass for only \$35.



Get the Look

New year, new style! That's the motto, right? Freshen up your look with some of Memorial City's favorite retailers.

Visible Changes Memorial City Mall – 303 Memorial City

Out with the old and in with the new – hair-do, that is! Update your style with a cute bob, soft waves or even a splash of color.

Michael Kors Memorial City Mall – 303 Memorial City

Known for his “innate sense of glamour and an unflinching eye for timeless chic,” Michael Kors has the contemporary staples your wardrobe needs to go from mediocre to marvelous.

Coach Memorial City Mall – 303 Memorial City

Celebrating almost 75 years in fashion, Coach offers modern designs for men and women alike. Visit them in the Mall near Starbucks and find your perfect accessory for 2017.

Johnston & Murphy Memorial City Mall – 303 Memorial City

Start the new year with your best foot forward with recently-opened, Johnston & Murphy. Shop their collection of shoes that add effortless style to every outfit you have. Visit them in the Dillard's wing near the Apple Store.

Thomas Markle Gateway Memorial City – 947 Gessner

Give yourself the gift of sparkle with Thomas Markle. Featuring the globally renowned Hearts on Fire collection, you'll find the perfect touch to brighten any look. Visit them at Gateway Memorial City near The Westin.

Six:02 Memorial City Mall – 303 Memorial City

Fitness meets fashion at Six:02. Shop their newest styles and find the perfect outfit for Pilates, spin, yoga, HIIT and more (and yes, that includes grocery shopping). Stop by Six:02 in the Dillard's wing and find your fitspiration.

Your are What You Eat

After fitness activities and makeover pampering, refuel at two of the healthiest options in Memorial City.



Snap Kitchen Air Liquide Center 9807 Katy Fwy

Eating healthy on the go has never been easier with Snap Kitchen. Whether you are vegan, gluten-free or just looking a healthy meal, Snap Kitchen can create healthy, portioned meals to fit your dietary needs for a healthy meal.



Eatfitters The Shops at Memorial City 12351 Kingsride Ln

Where nutrition meets flavor, Eatfitters meals are the perfect combination of good and good for you. Choose a meal plan to suit your needs and never worry about what you're making for dinner again.



Now That's Entertainment

The Square at Memorial City

By now you've heard about Memorial City's new outdoor venue and greenspace, The Square. If you haven't, check out our Events Gallery to see what you've been missing! The Square is located on the west side of the Mall between The Cheesecake Factory and Maggiano's Little Italy.

For additional information about The Square and upcoming Memorial City events, check out MemorialCity.com/EVENTS



Countdown to Kickoff

January 7, 14, and 21, 6pm-9pm

The Square at Memorial City - 303 Memorial City

The Big Game is right around the corner and Memorial City will be the place for exciting events, interactive experiences and special appearances. Stay tuned for additional information in January about our Countdown to Kickoff event series.



The Square Live!

January 7, 14, and 21, 6pm-9pm

The Square at Memorial City - 303 Memorial City

Keep the party going even after New Year's Eve every Saturday night in January at The Square Live! Enjoy live music by one of Houston's best party bands, dancing, and fun for the whole family.



Giant Game Night

January 6, 13, and 20, 6pm-9pm

The Square at Memorial City - 303 Memorial City

Bring your "A" game to The Square every Friday night in January for Giant Game Night. Guests will enjoy a wide range of bigger than life games including chess, checkers, Jenga, cornhole, and Connect Four, while they listen to their favorite tracks spun by our DJ.



Kidtastic on The Square

January 18; 10-11:30am

The Square at Memorial City - 303 Memorial City

Join Gymboree Play & Music for a morning of fun at The Square. This popular Kidtastic event is for children ages one to four years old.



Texans, NFL, and College: Game Day/Night at The Square

The Square at Memorial City - 303 Memorial City

The Square is your home for pro and college football in January. Catch the final Houston Texans regular season game, all of the exciting playoff action (Let's go Texans) and college football's biggest games on The Square big screen TV. Be sure to bring a chair or blanket; refreshments will be available for purchase.

January 1 @ 12pm..... **Texans vs. Titans**

January 2 @ 12pm.....**College Football Bowl Games**

January 7 @ TBD.....**NFL Wild Card Games**

January 8 @ TBD.....**NFL Wild Card Games**

January 9 @ 7pm.....**College Football Playoff National Championship**

January 14 @ TBD.....**NFL Playoff Games**

January 15 @ TBD.....**NFL Playoff Games**

January 22 @ TBD.....**NFL Conference Championship Games**



Rockets: Game Night at The Square

The Square at Memorial City - 303 Memorial City

The NBA season is underway and the Rockets look like contenders in the West. Watch our hometown hoopsters every week in January at The Square on the big screen TV. Be sure to bring a chair or blanket; refreshments will be available for purchase.

January 5 @ 7pm - **vs. Thunder**

January 11 @ 7pm - **vs. Timberwolves**

January 19 @ 7pm - **vs. Bucks**

January 25 @ 6:30pm - **vs. Celtics**



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